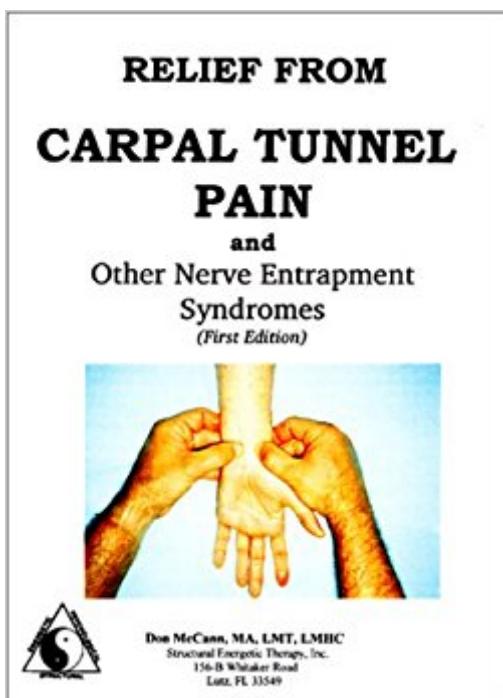


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# Relief From Carpal Tunnel Pain And Other Nerve Entrapment Syndromes



## **Synopsis**

A must read for the serious massage therapist, occupational therapist, or physical therapist for success with treating carpal tunnel and other nerve entrapment syndromes! RELIEF FROM CARPAL TUNNEL PAIN really shines with a friendly, easy to follow and apply, 20 step protocol - presented in pictures and anatomical drawings combined with text. It is the closest to hands-on instruction that can be displayed in book form. When following this protocol, you will be keenly aware that this instruction is presented by a highly capable therapist who just gave you the tools to intelligently and competently treat one of the country's most pervasive and nagging sources of pain!

## **Book Information**

Plastic Comb: 113 pages

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## **Customer Reviews**

"...readable, well-documented, clearly outlined book on addressing and preventing these conditions...precise explanations in lay and medical terms." -- Massage Magazine, July-August 2001

RELIEF FROM CARPAL TUNNEL PAIN opens the pathway for recovery from one of the most common ailments in the 21st century. By applying the knowledge and treatment protocol presented in this book, these painful conditions do not need to exist any longer. The answers are here in this book.

Helped a lot

I bought this book after reading about it in a leading massage magazine. My interest in Carpal tunnel work is both professional and personal. I wanted to learn a serious new approach rather than a window dressing, rehashing of work already out there. Each step has photographs, line drawings of the muscle or nerve in question and written step by step directions on how to work each section. There are many repetitive commands in the sections such as "the deeper you go, the slower you go". The print is easy to see from a working distance. This is a "working manual" .

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Relief from Carpal Tunnel Pain and Other Nerve Entrapment Syndromes The Carpal Tunnel Helpbook: Self-Healing Alternatives for Carpal Tunnel and Other Repetitive Strain Injuries Carpal Tunnel Symptoms and Treatments: All about Carpal Tunnel Syndrome Causes, Diagnosing, Symptoms, Signs, Non-Surgical and Surgical Treatments, Alt The Pain Relief Breakthrough: The Power of Magnets to Relieve Backaches, Arthritis, Menstrual Cramps, Carpal Tunnel Syndrome, Sports Injuries, and More Back Stretching: Back Strengthening And Stretching Exercises For Everyone (lower back pain, healing back pain, stretching exercises, back pain treatment, ... pain relief, stretching, back pain Book 1) Relief From Carpal Tunnel Syndrome (The Dell Medical Library) End Your Carpal Tunnel Pain Without Surgery: A Daily 15-Minute Program to Prevent & Treat Repetitive Strain Injury of the Arm, Wrist, and Hand Pain Relief for Joint, Muscle and Nerve Pain, Drug Free Using TENS End Your Carpal Tunnel Pain without Surgery, Second Edition Classification of Chronic Pain: Descriptions of Chronic Pain Syndromes and Definitions of Pain Terms Hip Flexor Pain: The Ultimate Guide to Fix Tight Hip Flexors and Cure Tight Hips Life! (hip flexors, hip pain, hip flexor stretches, hip flexor, hip pain relief, hip joint pain, hips) Conquering Carpal Tunnel Syndrome and Other Repetitive Strain Injuries: A Self-Care Program Rsi: Repetitive Strain Injury : Repetitive Strain Injury, Carpal Tunnel Syndrome and Other Office Numbers (Thorsons Health) Anesthesia for Genetic, Metabolic, and Dysmorphic Syndromes of Childhood (Baum, Anesthesia for Genetic, Metabolic, and Dysmorphic Syndromes of Childhood) Beginner's Guide to Sciatica Pain Relief: A Concise Guide to Pain Relief & Spinal Cord Anatomy Carpal Tunnel Syndrome and Repetitive Stress Injuries: The Comprehensive Guide to Prevention, Treatment, and Recovery 101 Questions and Answers about Carpal Tunnel Syndrome: What It Is, How to Prevent It, and Where to Turn for Treatment It's Not Carpal Tunnel Syndrome!: RSI Theory and Therapy for Computer Professionals Dr. Pascarelli's Complete Guide to Repetitive Strain Injury: What You Need to Know About RSI and Carpal Tunnel Syndrome The Carpal Tunnel Syndrome Book: Preventing and Treating CTS

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